

*Northeast Counties Association of Psychologists
Bergen - Hudson - Passaic Counties, NJ*

Fall Program **Sunday, October 3, 2021—Zoom Webinar**

Parent Training for Child Behavior Management

Presenter: Aryeh Berlin, Ph.D.

PROGRAM:

Child-rearing is ranked among the top stressors, especially when dealing with behavioral challenges. Behavioral problems in children have likely been exacerbated due to the added stresses of COVID-19. This presentation will address childhood behavioral challenges. Considerations in diagnosis will be presented as well as evidence-based treatment and parenting training options.

PRESENTER:

Dr. Aryeh Berlin earned a PsyD from the Georgia School of Professional Psychology. He completed his internship at South Shore Mental Health in Massachusetts. He currently has a private practice with locations in Nutley and Lakewood. In his practice, he focuses on childhood emotional and behavioral disorders and well as school-related issues.

Learning Objectives: This workshop is designed to help participants:

- Present the current research regarding childhood behavioral problems
- Develop an understanding of why children have behavioral challenges- from a developmental and diagnostic perspective
- Describe empirically validated treatment approaches and parenting training programs.
- Learn how to apply these treatment and parenting approaches.
- Learn how to effectively engage these children and their parents in treatment.
- Identify and explore how empirically validated treatments can be utilized in internet based therapy.