



SPEAKER ONE-PAGER · SYNAGOGUES & RELIGIOUS COMMUNITIES

Dr. Aryeh Berlin, PsyD

Child Psychologist & Professional Speaker · Founder, Aspire Psychological Group

Scholar-in-Residence weekends, family education series, and teen programming that give religious communities practical, research-backed tools for raising resilient, emotionally healthy children — delivered with genuine warmth and cultural sensitivity.

100+

PRESENTATIONS DELIVERED

17+

YEARS CLINICAL EXPERIENCE

NJ & NY

LICENSED PSYCHOLOGIST

In-Person

& VIRTUAL NATIONWIDE

ABOUT DR. BERLIN

Dr. Aryeh Berlin is a licensed clinical psychologist, founder of Aspire Psychological Group, and a member of the Association of Orthodox Jewish Psychologists' Clinical Committee. He has delivered Scholar-in-Residence weekends, Shabbaton programming, and family education series to synagogues and religious communities across the country, including a full Memorial Day weekend of adult and teen sessions for Baron Hirsch Congregation in Memphis, TN. His presentations combine serious clinical expertise with genuine warmth and an understanding of how religious life, community, and family intersect — audiences consistently describe him as the rare speaker people are still discussing after the talk ends.

FEATURED TOPICS FOR COMMUNITIES

- **Raising Resilient Children** — his single most-requested talk; a practical roadmap parents can use in everyday moments.
- **Is My Child Anxious? A Guide for Parents & Educators** — recognizing anxiety vs. normal worry, and what actually helps.
- **When Parents Are Anxious Too: Breaking the Cycle** — a favorite with synagogue and community audiences.
- **The Pornography Talk** — an evidence-based, age-appropriate presentation for teens and the adults who support them.
- **Real Talk: What Actually Helps When You're Stressed** — a teen-focused session with open Q&A, developed for a community Shabbaton.
- **Custom Scholar-in-Residence Weekend** — multi-session programming for adults, teens, and families, built around your community's needs.

Formats include a single evening talk, a full family education series, or a multi-session Shabbaton weekend with separate adult and teen tracks.

CREDENTIALS

PsyD, Clinical Psychology — Georgia School of Professional Psychology (APA-Accredited)

Licensed Psychologist — NJ #35SI00626800 & NY #025390

Member, Association of Orthodox Jewish Psychologists (Clinical Committee)

Founder, Aspire Psychological Group

10+ years, Director of Counseling, private school — daily work with educators, Rebbeim, and families

APA-Accredited Clinical Internship, South Shore Mental Health

WHO HE SPEAKS FOR

Synagogues & Communities Scholar-in-Residence
Judaic Studies Faculty Rebbeim & Educators
Family Education Series Teen Shabbatons

RECENT COMMUNITY ENGAGEMENT

Baron Hirsch Congregation, Memphis TN — Adult & Teen Mental Health Shabbaton, Memorial Day Weekend

WHAT COMMUNITIES SAY

"We heard Dr. Berlin speak at our synagogue multiple times over the Memorial Day weekend. He is a great speaker who quickly engages his audience. All of his talks were scientifically grounded and well received by a very diverse audience. He really connected with those in the room and happily answered challenging questions during and after the talks. I highly recommend him for both professional and lay audiences."

— Seth Kaufman, Google Review

"Dr. Berlin has been a vital and indispensable resource to our school for over a decade. We have relied upon his judgment and experience to help hundreds of students and their families."

— Rabbi Yosef Rosenzweig, Principal, Yeshiva K'Tana of Passaic