

Aspire Psychological Group

Child & Adolescent Therapy · Upper Saddle River, Nutley & Monsey



No waitlist. No black-box hand-off.

Every referral gets a response within 24 hours, from a small team that treats children and adolescents exclusively. Not a general practice. Not a roster you're hoping for the best with.

WHY COUNSELORS REFER TO ASPIRE



Kids & Teens Only

Our full practice is built around one population, so a referral here never competes with adult caseloads.



A Name, Not a Number

Families reach a small, known team directly, never a call center or a random clinician match.



We Coordinate With You

With a signed release, we share updates and join school meetings when it helps the student.

HOW A REFERRAL WORKS



You Reach Out

Call, email, or send a referral. Share as much or as little as you have.

We Contact the Family

Within 24 hours. We handle the outreach so it's one less task for you.

Care Starts, Fast

Most families are seen within the same week they're first contacted.

★★★★★ 34 five-star Google reviews from Aspire families

REFER A STUDENT

201.639.4669

Call or WhatsApp · office@weallaspire.com · weallaspire.com

