A RESOURCE FOR YOUTH PROGRAMS, CAMPS, SCOUTS AND RECREATION STAFF

Aspire Psychological Group

Child & Adolescent Therapy · Upper Saddle River, NJ

24 HOUR CALLBACK

You see them outside the classroom.

After-school programs, camps, scouts and rec leagues see kids in a different light than school does. Aspire Psychological Group works only with children, teens and their families, and we're here as a resource when a child's struggles go beyond what a great program can address on its own.

WHAT YOU MIGHT NOTICE

- Drop-off or separation struggles that don't ease over time
- Big reactions to transitions, changes or small setbacks
- Avoids group activities or seems isolated from other kids
- Outbursts, aggression or trouble following group expectations
- Homesickness or worry that takes over the day
- A family going through a hard time: divorce, a move, illness or loss
- A parent asking you, "should we talk to someone?"

NOT SURE HOW TO BRING IT UP?

You don't need to diagnose anything. Share what you've seen and point to a next step:

"I've noticed drop-off has been really hard for him lately. Have you seen that at home too? Here's a team that works with kids and families on this."

WHY PARTNER WITH ASPIRE

Kids and Teens Only

Our whole practice is built around children, teens and families. Not a general caseload.

A Warm Handoff

Share our info, or let us know. Our team reaches out to the family within 24 hours.

The Whole World of the Child

With parent permission, we work with the adults in a child's life, including programs like yours.

HOW A REFERRAL WORKS

1. **You Share** — Hand the family this flyer, or contact us with their permission.
2. **We Reach Out** — Our team contacts the family within 24 hours. One less thing for you.
3. **Care Starts** — No waitlist. A free 10-minute call with the psychologist to see if we're a fit.

SHARED WITH YOU BY _____

YOUR LOGO OR BUSINESS CARD

Private pay, out of network. Many families use their insurance plan's out-of-network benefits to seek reimbursement for part of the cost.

This flyer is for educational purposes only and does not constitute professional advice or create a therapist-client relationship. For concerns about your child, please consult a qualified mental health professional.

CONNECT A FAMILY

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