A RESOURCE FOR ACT AND SAT TUTORS AND COLLEGE ADMISSIONS ADVISORS

Aspire Psychological Group

Child & Adolescent Therapy · Upper Saddle River, NJ

24 HOUR CALLBACK

When test anxiety is part of the score.

You know the student who scores well in practice and falls apart on test day. Aspire Psychological Group works only with children, teens and their families, and we're here when stress about scores, applications and the future starts running the show.

WHAT YOU MIGHT NOTICE

- Practice scores well above real test results
- Panics, blanks or feels sick on test day
- Can't sleep or eat in the days before an exam
- Treats every point as life or death
- Shuts down or avoids applications and essays as deadlines near
- Constant conflict with parents about scores, schools or the future
- Talks about feeling like a failure despite strong work

NOT SURE HOW TO BRING IT UP?

You don't need to diagnose anything. Share what you've seen and point to a next step:

"His practice scores tell me he's ready, but test day seems to be a different story. Has he talked about that at home? Here's a team that helps teens and families with that kind of pressure."

WHY PARTNER WITH ASPIRE

Kids and Teens Only

Our whole practice is built around children, teens and families. Not a general caseload.

A Warm Handoff

Share our info, or let us know. Our team reaches out to the family within 24 hours.

The Whole Picture

We work with the teen and the family, and with permission the school, so the stress is handled from every side.

HOW A REFERRAL WORKS

1. **You Share** — Hand the family this flyer, or contact us with their permission.
2. **We Reach Out** — Our team contacts the family within 24 hours. One less thing for you.
3. **Care Starts** — No waitlist. A free 10-minute call with the psychologist to see if we're a fit.

SHARED WITH YOU BY _____

YOUR LOGO OR BUSINESS CARD

Private pay, out of network. Many families use their insurance plan's out-of-network benefits to seek reimbursement for part of the cost.

This flyer is for educational purposes only and does not constitute professional advice or create a therapist-client relationship. For concerns about your child, please consult a qualified mental health professional.

CONNECT A FAMILY

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