A RESOURCE FOR CLERGY, YOUTH LEADERS AND COMMUNITY LEADERS

Aspire Psychological Group

Child & Adolescent Therapy · Upper Saddle River, NJ

24 HOUR CALLBACK

For the families who come to you first.

During a hard season or a crisis, families often turn first to someone they trust in their community. Aspire Psychological Group works only with children, teens and their families, and we're here as a resource when a family's needs go beyond what pastoral and community support can address alone. We see our work as complementing yours, not replacing it.

WHAT YOU MIGHT NOTICE

- A child or teen who has pulled back from programs they used to enjoy
- A family walking through divorce, job loss, illness or loss
- A parent confiding worry about a child's mood, anxiety or behavior
- A teen who seems persistently hopeless or overwhelmed
- Noticeable changes in a child during youth programs
- A family asking for guidance beyond what you're equipped to give

NOT SURE HOW TO BRING IT UP?

You don't need to diagnose anything. Share what you've seen and point to a next step:

"It sounds like this has been a really heavy season for your family. Would it help to talk with a team that works with kids and families going through exactly this?"

WHY PARTNER WITH ASPIRE

Kids and Teens Only

Our whole practice is built around children, teens and families. Not a general caseload.

A Warm Handoff

Share our info, or let us know. Our team reaches out to the family within 24 hours.

Faith Is Welcome Here

We support a family's faith and community as part of their circle of support. With permission, we stay in touch with you.

HOW A REFERRAL WORKS

1. **You Share**
   Hand the family this flyer, or contact us with their permission.
2. **We Reach Out**
   Our team contacts the family within 24 hours. One less thing for you.
3. **Care Starts**
   No waitlist. A free 10-minute call with the psychologist to see if we're a fit.

SHARED WITH YOU BY _____

YOUR LOGO OR BUSINESS CARD

Private pay, out of network. Many families use their insurance plan's out-of-network benefits to seek reimbursement for part of the cost.

This flyer is for educational purposes only and does not constitute professional advice or create a therapist-client relationship. For concerns about your child, please consult a qualified mental health professional.

CONNECT A FAMILY

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